

PARENT GUIDE TO

10th GRADE Spring Semester

LOOKING AHEAD COLLEGE & CAREER

SOPHOMORE TO-DO (Spring Semester)

- ☐ Check 3rd semester cumulative GPA
- ☐ Study your PSAT/NMSQT score report and create a College Board account to get additional information about missed items for taking the SAT.
- ☐ Attend programs about Dual Credit options at your high school campus.
- ☐ Plan a program of study for your junior year with your counselor. Learn about opportunities to earn college or advanced placement credit (College Board Advanced Placement Testing).
- ☐ Consider taking an SAT course to prepare for upcoming SATs.
- ☐ Choose courses that satisfy high school graduation and future college plans.
- ☐ Study your PSAT/NMSQT score report and create a College Board account to get additional information about missed items for taking the SAT.
- ☐ Attend District Financial Aid Night with your parents.
- ☐ Meet with your student's counselor regarding next years class schedule.
- ☐ Choose 11th grade year courses wisely!
- ☐ Plan which CCMR indicator you will meet and discuss with your counselor.

Sophomore TO-DO (Summer)

- ☐ Check your 4th semester cumulative GPA.
- ☐ Check credits to make sure you are on schedule for graduation requirements.
- ☐ Check to make sure your course choices meet college entrance requirements.
- ☐ Ensure your student is involved in volunteer and enrichment activities.
- ☐ Begin studying for SAT using your PSAT report.

PLAN YOUR PATH HIGH SCHOOL GRADUATION

Students are completing their 2nd course toward achieving their endorsement credits by graduation. The five endorsement areas are Arts & Humanities; Business & Industry; Multi-Disciplinary; Public Services, and STEM.

Students should verify endorsement choice and select appropriate course for 11th grade to continue earning credits toward an endorsement. Additionally, determine any dual credit opportunities in either academic subject or CTE classes to earn college credit.

News and Resources All Year Long



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QUESTIONS TO ASK YOUR CHILD'S COUNSELOR

- How can I help my student find summer enrichment programs?
- How can I help my student find volunteer opportunities?
- How can I build a college-going culture in my home?
- How can I find additional scholarships to which my student can apply?
- How can I better plan for college affordability?

DIGITAL TOOLS FOR SUCCESS FOR HOME & SCHOOL



The below tools are accessible through DISD's [ClassLink Portal](#). Click the ClassLink Icon to the left and login with Student ID and Password.



(Free Resource)



HOW CAN I HELP MY CHILD ADVOCATE FOR THEIR OWN SUCCESS

- Encourage and support your student to try new activities and seek volunteer/community involvement opportunities.
- Stress to your student the importance of prioritizing and focusing on what's important.
- Have your student maintain a calendar of important dates, and deadlines.
- Have conversations with your student about interests and concerns, and allow suggestions of next steps.

BEYOND ACADEMICS SOCIAL & EMOTIONAL BEHAVIOR

Tips for making it through

- Teens still need on average 8-9 hours of sleep a night. Set a bedtime, and stick to it.
- Choose your arguments. Ask yourself, "Is it worth the argument?" Learn to compromise on small "asks," such as dyeing their hair blue or wearing something different, and be firm when it comes to more serious issues.
- Don't take it personally. The transition to adulthood is a process, and at the end of the day it's not about you.

News and Resources All Year Long



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